

# Maine Canoe Symposium

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## 2016 Schedule of Events-FINAL

### FRIDAY JUNE 10<sup>th</sup> -EVENING

TIME	EVENT	LEADER	LOCATION
2 PM on	Registration		Dining Hall
5:30-6:30 PM	Dinner and Symposium Store		Dining Hall
6:30-7:00 PM	Kid's and Parent's Meeting- <u>MANDATORY</u>	Paul Faria, Junior Program Instructors	Senior Wiggy
8:00 PM	Welcome, Introductions & Refreshments for Everyone	Ben Meader	Memorial Hall
	Friday Evening Games and Fun	Paul Faria, Junior Program Instructors	Senior Wiggy (Meet at Memorial Hall)
8:30 PM	Evening Presentation - Thoreau-Wabanaki 150th Anniversary Tour	Dominic Casserly and Jarrod McCabe	Memorial Hall
10:00 PM	Stargazing Night Paddle-sign up required	John Meader	Water Site A

### ALL WEEKEND

In addition to the Symposium Store, which features products from our Pro Staff, we are pleased to offer the following informational and vendor displays. Please be sure to check them out:

TIME	EVENT	LEADER	LOCATION
Daily-stop by	Voyageur Display	Jeff & Lisa DeHart	Near Inty Wiggy
Daily-stop by	Alder Stream Canvas	Jane Barron	Near Memorial Hall
Daily-stop by	Tremolo Paddleworks	Caleb Davis	Near Inty Wiggy

### WORKSHOP SIGN-UPS

There is a limit to the number of participants at some of the workshops, due to availability of canoes or appropriate student/instructor ratios. Please see the schedule itself for those workshops.

In the event that a workshop is full, we have a broad variety of on-land workshops with unlimited space. We thank you for your understanding.

There is a schedule for signups for those workshops as noted:

TIME OF WORKSHOP	SIGNUP FORMS WILL BE AVAILABLE IN THE DINING HALL
Saturday Morning-All sessions	Friday Evening from 7:00 p.m. -7:30 p.m.
Saturday Afternoon-both sessions	Saturday Morning from 7:30 a.m.-8:00 a.m.
Sunday Morning-All sessions	Saturday Evening from 5:30 p.m.-6:00 p.m.

**SATURDAY JUNE 11<sup>th</sup> -MORNING**

<b>TIME</b>	<b>EVENT</b>	<b>LEADER</b>	<b>LOCATION</b>
<b>6:30-7:45 AM</b>	<b>Traditional Solo Paddling-sign up required</b>	<b>Caleb Davis</b>	<b>Water Site A1</b>
	<b>Introduction to Solo Paddling-sign up required</b>	<b>Kim Gass</b>	<b>Water Site A2</b>
	<b>Morning Sadhana-bring a mat or towel</b>	<b>Claire Dumont</b>	<b>Round House</b>
<b>7:00-8:30 AM</b>	<b>Breakfast and Symposium Store</b>		<b>Dining Hall</b>
<b>8:30-9:15 AM</b>	<b>Paddling/Poling/Sailing Styles Demonstration-Workshop instructors provide a glimpse of canoeing techniques you'll get a chance to learn.</b>	<b>Instructors</b>	<b>Water Site A1, A2</b>
<b>9:45-11:00 AM</b>	<b>Introduction to Stand Up Paddle on Paddleboards-sign up required</b>	<b>Moe Auger</b>	<b>Water Site A1</b>
	<b>Introduction to Tandem Paddling-sign up required</b>	<b>David Butler &amp; Jesse Cottingham</b>	<b>Water Site A2</b>
	<b>Northwoods Paddling-sign up required</b>	<b>Jane Barron</b>	<b>Water Site C</b>
	<b>Modern Poling-sign up required</b>	<b>Harry Rock</b>	<b>Water Site F</b>
	<b>English Gates-sign up required</b>	<b>Rory Matchett</b>	<b>Water Site J</b>
	<b>Double-Blade Paddling-sign up required</b>	<b>Geoff Burke</b>	<b>Water Site J</b>
	<b>The Versatile Camp Tarp</b>	<b>Dave and Lynne Lewis</b>	<b>Wilderness Tripping Site D</b>
	<b>Paddling Ontario</b>	<b>Kevin Callan</b>	<b>Memorial Hall</b>
	<b>Back Country Medicine-Basic First Aid</b>	<b>Jon Tierney</b>	<b>Senior Wiggy</b>
	<b>Low Ropes</b>	<b>Jr. Pro Staff</b>	<b>Inty Wiggy</b>
	<b>Tips and Tricks to Shoot Like a Giant</b>	<b>Jarrod McCabe &amp; Dom Casserly</b>	<b>Amphitheater</b>
<b>11:15-12:30 PM</b>	<b>Traditional Tandem Paddling-sign up required</b>	<b>Caleb Davis</b>	<b>Water Site A1</b>
	<b>Kids Canoeing Skills and Games</b>	<b>Junior Program Instructors</b>	<b>Water Site A2</b>
	<b>Building Canoeing Confidence for Women-sign up required</b>	<b>Lani Love &amp; Nicole Grohoski</b>	<b>Water Site C</b>
	<b>The Whole Body Paddler-sign up required</b>	<b>Shawn Burke</b>	<b>Water Site F</b>
	<b>Recreational Poling-sign up required</b>	<b>Kevin Silliker</b>	<b>Water Site J</b>
	<b>Campfire Talk-Old Timer's Questions and Answers</b>	<b>Gil Gilpatrick &amp; Ray Reitze</b>	<b>Wilderness Tripping Site B</b>
	<b>Wild Med Theater</b>	<b>Jon Tierney</b>	<b>Senior Wiggy</b>
	<b>Northern Forest Canoe Trail</b>	<b>Jeff McCabe</b>	<b>Memorial Hall</b>
	<b>Staying Upright-Balance Skills</b>	<b>Glen Bruno</b>	<b>Round House</b>
<b>12:30- 1:30 PM</b>	<b>Lunch and Symposium Store</b>		<b>Dining Hall</b>

**SATURDAY JUNE 11<sup>th</sup> -AFTERNOON and EVENING**

<b>TIME</b>	<b>EVENT</b>	<b>LEADER</b>	<b>LOCATION</b>
<b>1:45-3:00 PM</b>	<b>What Comes After the Basic Canoe Skills-Intermediate Skills Development</b> -sign up required	Dave Butler	Water Site A1
	<b>Women's Poling</b> -sign up required	Lisa DeHart	Water Site A2
	<b>Northwoods Paddling</b> -sign up required	Jane Barron	Water Site C
	<b>Sit &amp; Switch Paddling</b> -sign up required	Jim & Lisa Lisius and Nicole Grohoski	Water Site F
	<b>Canoe Sailing</b> -sign up required	Benson Gray	Water Site G
	<b>Double-Blade Paddling</b> -sign up required	Geoff Burke	Water Site J
	<b>Campfire Talk-Old Timer's Questions and Answers</b>	Gil Gilpatrick & Ray Reitze	Wilderness Tripping Site B
	<b>Portages and Tumplines</b>	Dave & Lynne Lewis	Wilderness Tripping Site D
	<b>Essential Knots</b>	Harry Rock	Junior Wiggy Porch
	<b>Paddle Making</b> - Make your own cherry paddle. (Pre-registration and fee required) <i>Extended session-Through Sunday morning.</i>	Caleb Davis	Inty Wiggy
	<b>Fun with Fire</b> <i>Extended Session through 4:30</i>	Nikki Calhoun & Jeff DeHart	Inty Wiggy
	<b>Getting Back Into Shape</b>	Shawn Burke	Round House
	<b>Introduction To Photography</b>	Patrick Groleau	Senior Wiggy
	<b>Group Dynamics</b>	Kevin Callan	Memorial Hall
	<b>Making Rocket Stoves</b> -sign up required <i>Extended session-Through 4:30.</i>	Jesse Cottingham	Amphitheater
<b>3:15-4:30 PM</b>	<b>Whitewater Playboats</b> -sign up required	Ben Meader	Water Site A1
	<b>Wind and Waves for Solo and Tandem Teams</b> -sign up required	Kim Gass	Water Site A2
	<b>Canoe Sailing</b> -sign up required	Benson Gray	Water Site G
	<b>Canoe Safety</b> -sign up required	Kevin Silliker & Rory Matchett	Water Site J
	<b>Dutch Oven Cooking</b>	Moe Auger	Wilderness Tripping Site B
	<b>Afternoon Relaxation</b> -bring a mat or towel	Claire Dumont	Round House
	<b>Planning and Packing for Extended Trips</b>	Lani Love	Senior Wiggy
	<b>Northern Forest Canoe Trail</b>	Jeff McCabe	Memorial Hall
	<b>Fun with Fire</b> <i>Extended session continues from 1:45.</i>	Nikki Calhoun & Jeff DeHart	Inty Wiggy
	<b>Making Rocket Stoves</b> -sign up required <i>Extended session-continues from 1:45.</i>	Jesse Cottingham	Amphitheater
<b>5:30-6:30 PM</b>	<b>Dinner and Symposium Store</b>		Dining Hall
<b>6:30 P.M.</b>	<b>View Auction Items</b>		Senior Wiggy
<b>7:00 PM</b>	<b>Silent Auction</b>	Instructors	Senior Wiggy
<b>8:00 PM</b>	<b>Evening Presentation – How to be a Happy Camper</b>	Kevin Callan	Memorial Hall
	<b>Saturday Evening Games and Fun</b>	Junior Program Instructors	Meet at Senior Wiggy
<b>After Presentation</b>	<b>Campfire</b>	Junior Program Instructors, Harry Rock	Fire Ring Near Water Site A

## SUNDAY JUNE 12<sup>th</sup>

TIME	EVENT	LEADER	LOCATION
6:30-7:45 AM	Traditional Solo Paddling-sign up required	Caleb Davis	Water Site A1
	Introduction to Solo Paddling-sign up required	Kim Gass	Water Site A2
	Morning Sadhana -bring a mat or towel	Claire Dumont	Round House
7:00-8:30 AM	Breakfast and Symposium Store		Dining Hall
9:00-10:15 AM	Women's Poling-sign up required	Lisa DeHart	Water Site A1
	Women's Skill Building-sign up required	Polly Mahoney & Bonnie Pooley	Water Site C
	Modern Poling-sign up required	Lani Love	Water Site F
	Family Voyageur Canoeing-sign up required	Jim & Lisa Lisius	Water Site G
	Flatwater Skills and Drills to Improve Your Whitewater Paddling-sign up required	Rory Matchett	Water Site J
	Introduction to Solo Paddling-sign up required	Dave Butler & Jesse Cottingham	Water Site J
	Reflector Oven History, Design and Use	Dave Lewis	Wilderness Tripping Site D
	Identifying old Wooden Canoes	Benson Gray	Senior Wiggy
	Choosing an Outdoor Camera	Patrick Groleau	Memorial Hall
	Get More from Your Maps	Ben Meader	Round House
	Tomahawk Throwing - Older Kids	Jeff DeHart	Games Field (Near Climbing Wall)
10:30-11:45 AM	Novice/Intermediate Stand Up Paddle on Paddleboards-sign up required	Moe Auger	Water Site A1
	Paddler's Tune-Up-sign up required	Shawn Burke	Water Site A2
	Women in the Stern-sign up required	Polly Mahoney & Bonnie Pooley	Water Site C
	Recreational Poling-sign up required	Kevin Silliker	Water Site J
	Double-Blade Paddling-sign up required	Geoff Burke	Water Site J
	Make Your Own Reflector Oven-sign up required	Nicole Grohoski	Wilderness Tripping Site D
	On the Allagash Film	Greg Nolan	Senior Wiggy
	Paddling Ontario	Kevin Callan	Memorial Hall
Tomahawk Throwing-Younger Kids	Jeff DeHart	Games Field (Near Climbing Wall)	
HIGH NOON	Voyageur Canoe Race - participants and cheering fans needed	Instructors	Water Site F
12:15 - 1:30 PM	Lunch		Dining Hall
1:00-1:30 PM	Evaluations, door prizes and Closing		Dining Hall

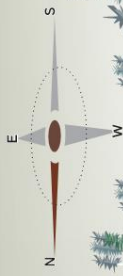
### MCS Mission Statement

Established in 1986, the Maine Canoe Symposium is a volunteer-run, nonprofit weekend event held annually at Camp Winona on Moose Pond in Bridgton, Maine. The Symposium allows participants of all ages to develop an understanding and appreciation of the diversity of North American canoeing heritage and to develop canoeing and related skills through educational workshops, presentations, and hands-on instruction.



# WINONA

Bridgton, Maine



**A** Campfire Inty

**B** Wiggy Memorial Hall

**C** Senior Wiggy

**D** Registration Dining Store

**E** Junior Wiggy Amphitheater

**F** Round House

**G**

**H**

**I**

## Maine Canoe Symposium Workshop Locations