

Maine Canoe Symposium

C/O Winona Camps, 35 Winona Rd, Bridgton, ME 04009

Telephone 207-647-3721

Email info@mainecanoesymposium.org

<http://www.MaineCanoeSymposium.org>



1. Please observe 10 MPH speed limit on access road and in camp
2. Please park in the DESIGNATED parking areas only. Do not drive onto athletic fields. (Handicapped drivers may park where necessary).
3. **Dog Policy:** We love dogs, but for everyone's safety and comfort we ask you **to please leave your dog at home.**
4. Tenting areas (your own tents):
 - Small baseball field ("Junior") in center of camps - adults only (no children please)
 - Large baseball field ("Inty") - everyone welcome to tent
 - NO FIRES allowed in tenting areas. Fires allowed only in designated areas and require the approval of Winona Camps.
5. Wall tents include bed linens but not towels.
6. Drinking water and hot showers available. See map for location of women's and men's shower houses and toilets.
7. Bring FLASHLIGHTS with you to all evening events. It is dark under the pines!
8. Bicycles may be used to get around in camp. **Helmets are required.**
9. **PFD's (life jackets) must be worn at all times while in a boat.** Winona provides PFD's if you do not have your own.
10. **Parents are responsible for their children's safety.** When children are around the water, parents are responsible for making sure their kids are safe. Neither the Maine Canoe Symposium nor Winona Camps provide life guard service.
11. Do not use private canoes without permission from owner.
12. You are encouraged to bring your own canoe, PFD, paddle, and/or pole to the symposium. If you have PFD's for your children be sure to bring them so they have the proper size.
13. Bring appropriate clothing and rain gear for Maine in June. If it rains, the Symposium just keeps going. Make sure you will be comfortable regardless of the weather.
14. Outside calls may be made from the two Winona pay phones.
15. For incoming emergency calls, the Winona Camps switchboard is covered round the clock at 207-647-3721.
16. Emergency medical information may be placed on file in the Winona Camps office upstairs in the Dining Hall.
17. Some everyday items will be available for sale from the pro-staff store, such as flashlights, suntan lotion, bug repellent, sanitary supplies. The store will be set up in the Dining Hall during mealtimes, primarily to offer a marketplace for Pro-Staff items.
18. **Sign up sheets for on-water workshops will be available in the Dining Hall according to the following schedule:**
 - Saturday Morning workshops - sign up Friday afternoon and evening (and Sat AM if space still available).
 - Saturday Afternoon workshops - sign up Saturday morning (and afternoon if space still available).
 - Sunday Morning workshops - sign up Saturday afternoon and evening (and Sun AM if space still available).